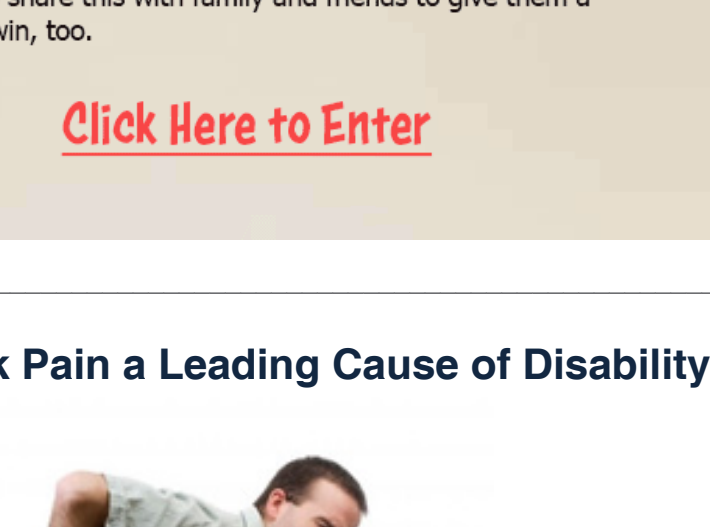


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- What Medical Expenses Are Covered by Workers' Compensation?
- Recipe of the Month: Asian Lettuce Wraps
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Celebrate the Month of Love! February Gift Card Giveaway

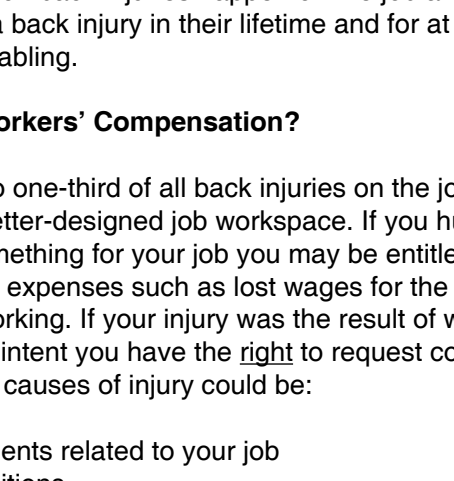
Shop online on The Law Office of Brian H. Sumrall for the February Month of Love giveaway. We're offering \$50 Amazon Gift Cards to 4 lucky winners as a thank you for your support! Click below to enter – one entry per person. Enter by February 22, 2022; our drawing will be held on February 24, 2022. Winners notified by text or email.



Feel free to share this with family and friends to give them a chance to win, too.

[Click Here to Enter](#)

Lower Back Pain a Leading Cause of Disability



If an injury in the workplace has left you with chronic back pain, you're not alone. It's estimated that one million back injuries happen on the job annually. In fact, 80% of adults will experience a back injury in their lifetime and for at least 5% the injury will become chronically disabling.

Do You Qualify for Workers' Compensation?

Studies show that up to one-third of all back injuries on the job could have been prevented through a better-designed job workspace. If you hurt your back while at your workplace or doing something for your job you may be entitled to compensation to cover your medical and other expenses such as lost wages for the time that your injury is preventing you from working. If your injury was the result of work-related circumstances beyond your control or intent you have the right to request compensation from your employer. Some of the causes of injury could be:

- Repetitive movements related to your job
- Unsafe work conditions
- Misconduct on the part of your employer
- Unintentional actions on your part

If, however, your injury was due to your willful misconduct you may not have a case. Some examples of cases where compensation would not likely be awarded include:

- Use of drugs and alcohol was involved
- Injury was found to be self-inflicted
- Roughhousing or fighting on the job resulted in the injury
- Injury occurred before or after your employment with the employer you wish to file the workers' comp claim with

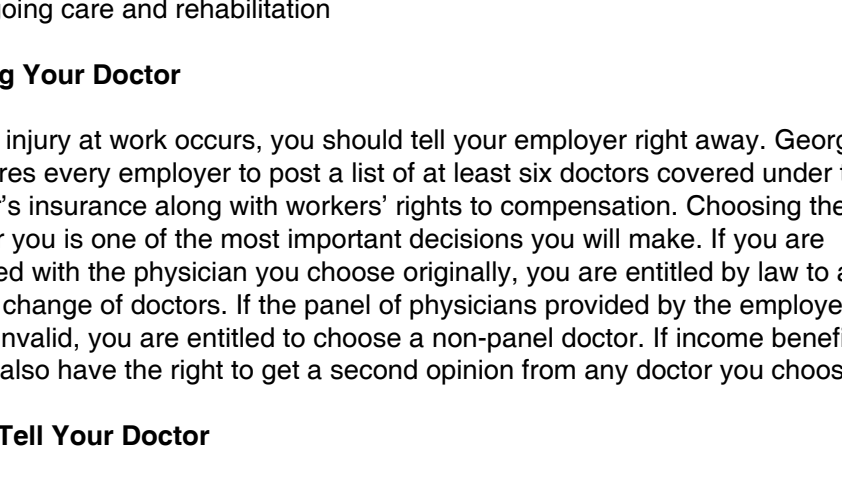
Even if you are rightfully filing a workers' compensation claim, your employer may be reluctant to give you the maximum amount of compensation to which you are entitled. An attorney who is experienced with workers' compensation cases and has a successful history will help you get all that you are entitled to for your injury.

A MESSAGE FROM ATTORNEY BRIAN H. SUMRALL

I have been practicing primarily in the area of workers' compensation for almost twenty years. However, if you or a friend/family member have any other legal needs, please reach out to me to see if I can assist. I work with a team of expert attorneys in all fields including personal injury, tractor trailer and motor vehicle accidents, and premises liability.

If you have been injured by the negligence of a third party, please contact my office to see if I can help. My goal is to provide all current and prior clients with the best legal services no matter what their need. Call me today at 404.857.3835 with all your legal needs

What Medical Expenses Are Covered by Workers' Compensation?



If you suffer an injury on the job, you are entitled to have all medical expenses that result from your injury covered by workers' compensation. These can include:

- Ambulance cost for the trip to the emergency room
- Hospital stays
- Doctor bills
- Diagnostic procedures
- Surgical procedures
- Medical treatment
- Medications
- Physical rehabilitation
- Ongoing care and rehabilitation

Choosing Your Doctor

When an injury at work occurs, you should tell your employer right away. Georgia state law requires every employer to post a list of at least six doctors covered under the employer's insurance along with workers' rights to compensation. Choosing the right doctor for you is one of the most important decisions you will make. If you are dissatisfied with the physician you choose originally, you are entitled by law to a one-time change of doctors. If the panel of physicians provided by the employer is deemed invalid, you are entitled to choose a non-panel doctor. If income benefits are paid you also have the right to get a second opinion from any doctor you choose.

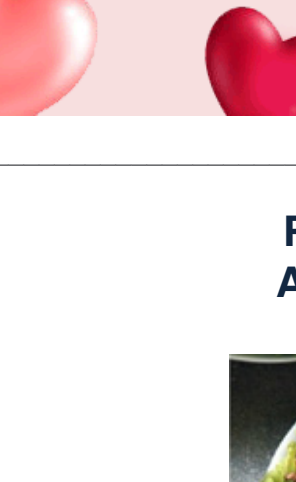
What to Tell Your Doctor

You should seek medical attention as soon after your injury as possible. Even if you are unsure whether your injury is serious it's best to get an examination by a doctor. Be sure to inform the doctor of the following:

- When and where you were injured
- Where you are experiencing pain and any other symptoms you have
- An accurate and complete history of all work injuries

When you're going through the trauma of a workplace injury it can be overwhelming. The choices you make can have a big impact on your case. An experienced attorney can guide you through this complex process, inform you of your rights and help you get the compensation you deserve for your medical expenses.

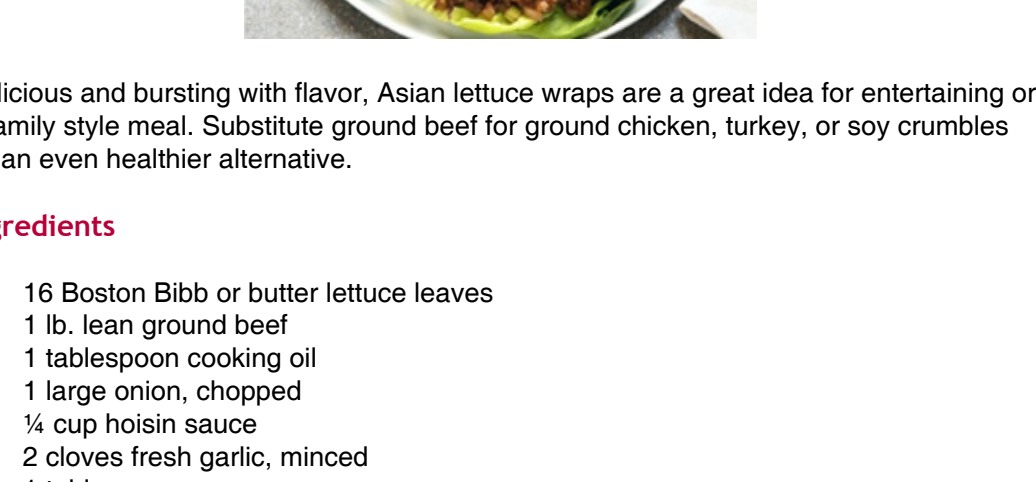
If you or a family member have been injured on the job in a construction site accident, a slip and fall accident, or any other work-related incident The Law Offices of Brian H. Sumrall—Atlanta's Workers' Compensation Attorney—is where you should turn. Our expert legal team will handle your claim to help you recover lost wages and also file workers' compensation appeals as needed. Get the compensation you need to cover your expenses and take care of yourself and your family. Call 404-857-3835 24/7 for your free, no-obligation consultation today.



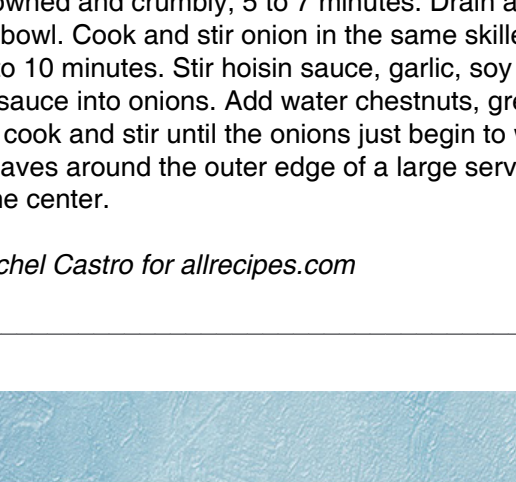
ATTORNEY BRIAN SUMRALL

SELECTED FOR PRESTIGIOUS SUPER LAWYERS RECOGNITION

For the 5th consecutive year, Brian H. Sumrall has been recognized as a 2022 Georgia Super Lawyer. This is an annual designation given to top-rated attorneys in the state as determined by their peers. Attorneys like Brian H. Sumrall are recognized by their peers for their outstanding work and commitment to the spirit of the legal profession. Their knowledge of the law, professional work ethic, and advocacy on behalf of their clients allow them to stand out among other attorneys in the field.



Recipe of the Month Asian Lettuce Wraps



Delicious and bursting with flavor, Asian lettuce wraps are a great idea for entertaining or a family style meal. Substitute ground beef for ground chicken, turkey, or soy crumbles for an even healthier alternative.

Ingredients

- 16 Boston Bibb or butter lettuce leaves
- 1 lb. lean ground beef
- 1 tablespoon cooking oil
- 1 large onion, chopped
- ¼ cup hoisin sauce
- 2 cloves fresh garlic, minced
- 1 tablespoon soy sauce
- 1 tablespoon rice wine vinegar
- 2 teaspoons minced pickled ginger
- 1 dash Asian chile pepper sauce, or to taste (Optional)
- 1 (8 ounce) can water chestnuts, drained, and finely chopped
- 1 bunch green onions, chopped
- 2 teaspoons Asian (dark) sesame oil

Directions

1. Rinse whole lettuce leaves and pat dry, being careful not tear them. Set aside.
2. Heat a large skillet over medium-high heat. Cook and stir beef and cooking oil in the hot skillet until browned and crumbly, 5 to 7 minutes. Drain and discard grease, transfer beef to a bowl. Cook and stir onion in the same skillet used for beef until slightly tender, 5 to 10 minutes. Stir hoisin sauce, garlic, soy sauce, vinegar, ginger, and chile pepper sauce into onions. Add water chestnuts, green onions, sesame oil, and cooked beef; cook and stir until the onions just begin to wilt, about 2 minutes.
3. Arrange lettuce leaves around the outer edge of a large serving platter and pile meat mixture in the center.

Recipe courtesy of Rachel Castro for allrecipes.com

Help Us Grow!



What's Happening In & Around Atlanta

Feb 17
The Temptations & Four Tops
Cobb Energy Performing Arts Center

Mar 5 – 13
Barber of Seville
Cobb Energy Performing Arts Center

Mar 13
Ain't Too Proud
Fox Theatre

Mar 15
Celtic Women
Fox Theatre

Mar 21
Justin Bieber
State Farm Arena

Apr 1
David Spade
Cobb Energy Performing Arts Center

Apr 16
ATL Blues Festival
Cobb Energy Performing Arts Center

Apr 25
Journeym
State Farm Arena

Check Out What Others are Saying about The Law Office of Brian H. Sumrall

5★ on Google

Sedrick J.

He really did a great job for me with no hassle.

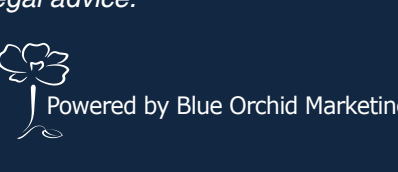
5★ on Google

Marc C.

I have worked with Brian on multiple cases for 10+ years and I can, without any reservations, state that Brian is the consummate professional. He has great understanding and full knowledge of the law. He's very responsive to inquiries. Just an excellent person and lawyer.

[Click Here](#) to See More Testimonials on our Website.

Meet Our Attorney



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Office Hours:

Monday - Friday: 7:00am - 5:00pm

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