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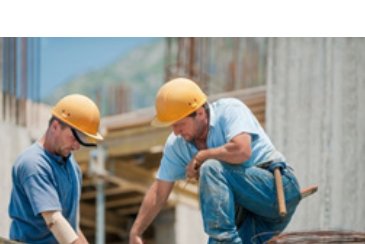
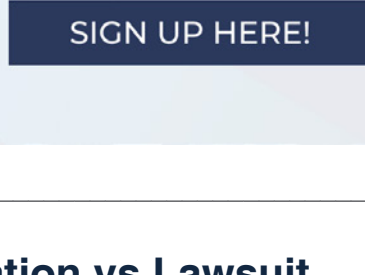


The Law Office of Brian Sumrall is happy to announce its academic scholarship program for 2022. Attorney Sumrall wants to support students who do their part to fight the problem of distracted driving.

Essay Topic: The Dangers of Distracted Driving

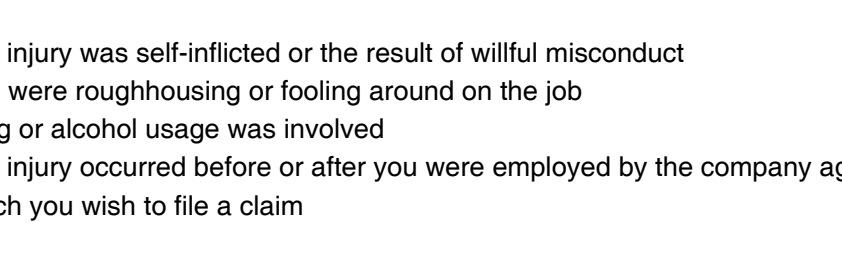
Deadline: Submit application August 15, 2022 @ 11:59PM

Winner will be announced August 31, 2022.



[SIGN UP HERE!](#)

Workers' Compensation vs Lawsuit



Getting hurt at work is an unexpected and potentially scary event that can result in long-term pain, disability, and economic hardship. Fortunately, the state of Georgia has a workers' compensation program in place to cover medical expenses and lost wages caused by a workplace injury. Basically, if your illness or injury was a result of work-related circumstances outside of your intent or control, you have the right to request compensation.

Impediments to Workers' Compensation

There are some circumstances, however, where your case may be deemed ineligible for workers' compensation. The following scenarios may block your ability to receive benefits:

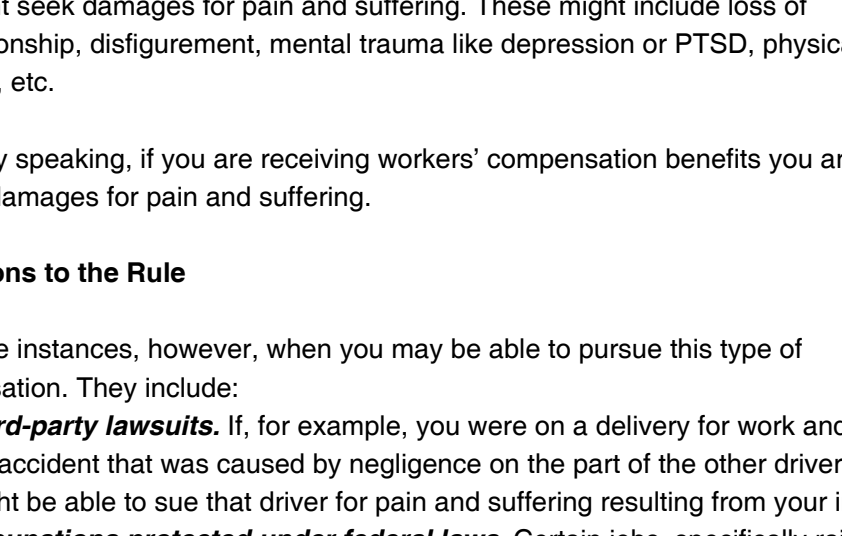
- The injury was self-inflicted or the result of willful misconduct
- You were roughhousing or fooling around on the job
- Drug or alcohol usage was involved
- The injury occurred before or after you were employed by the company against which you wish to file a claim

When is a Personal Injury Suit Justified?

If your workplace injury was caused by something you did with unintended results or an unforeseen set of circumstances, workers' compensation may be the way to go. But, if you believe that your injury was due to unsafe work conditions or willful or serious misconduct on the part of your employer you may want to pursue a personal injury lawsuit, especially if you believe you are entitled to damages for pain and suffering (more on that below).

Once you have sought the appropriate medical evaluation and treatment for your injury, your next step should be to consult an experienced workers' compensation attorney. Both workers' compensation and personal injury lawsuits have specific deadlines for filing. In addition, choosing one route may limit your ability to pursue the other. An attorney who has worked on many similar types of cases can help assess your unique situation and guide you to the best option. The attorney will then work to gain the maximum amount of compensation to which you are entitled.

Can You be Compensated for Pain and Suffering Through Workers' Comp?



There's the simple and then the not so simple answer to this question. First, let's define "pain and suffering." Workers' compensation covers economic coverage for expenses that can be quantified. This would include items such as doctor's bills and other expenses related to medical care necessitated by your workplace injury and lost wages if your injury caused you to miss work. Pain and suffering damages are much more difficult to assess and calculate because they are non-economic. If your injury has left you unable to enjoy life to the same degree as you were able to before you were hurt, then you might seek damages for pain and suffering. These might include loss of companionship, disfigurement, mental trauma like depression or PTSD, physical disability, etc.

Generally speaking, if you are receiving workers' compensation benefits you are not able to seek damages for pain and suffering.

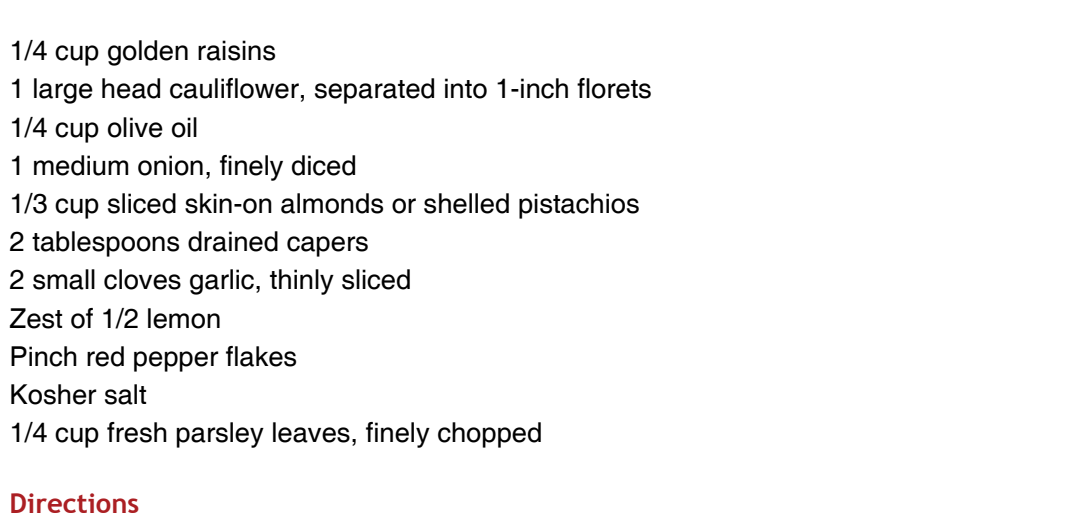
Exceptions to the Rule

There are instances, however, when you may be able to pursue this type of compensation. They include:

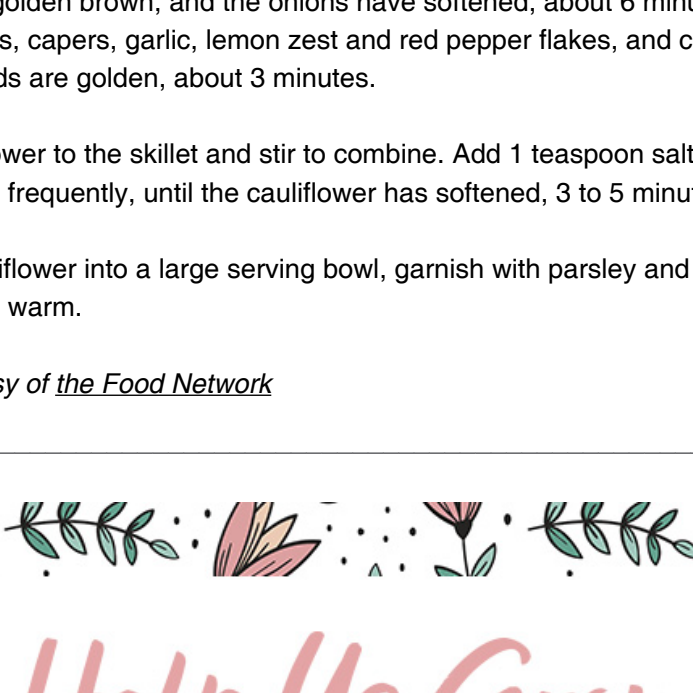
- **Third-party lawsuits.** If, for example, you were on a delivery for work and were in a car accident that was caused by negligence on the part of the other driver, you might be able to sue that driver for pain and suffering resulting from your injuries.
- **Occupations protected under federal laws.** Certain jobs, specifically railroad and maritime workers are governed by separate workers' compensation programs that have different requirements than the state plan and may allow payment for pain and suffering.
- **Medical conditions that develop later.** In this case you may have accepted workers' compensation for an injury thinking it would eventually be fully rehabilitated. As time goes on and the pain becomes chronic and debilitating, you realize there are certain activities you will never be able to do again, or your life has been changed irrevocably.

Pain and suffering is a complex area of the law and one that is best sought after consulting with an experienced attorney. The amount of money you may receive and when you might receive it are factors to consider. Our lawyers can help you understand your rights in the case of a workplace injury and guide you to the best solution for your unique situation.

If you or a family member have been injured on the job in a construction site accident, a slip and fall accident or any other work-related incident The Law Offices of Brian H. Sumrall—Atlanta's Workers' Compensation Attorney—is where you should turn. Our expert legal team will handle your claim to help you recover lost wages and also file workers' compensation appeals as needed. Get the compensation you need to cover your expenses and take care of yourself and your family. Call 404.857.3835 24/7 for your free, no obligation consultation today.



Recipe of the Month Healthy Sicilian Cauliflower Rice



Studded with raisins, lemon zest and nuts, this fluffy pilaf makes a flavorful, high-fiber side for your favorite chicken and salmon recipes.

Ingredients

1/4 cup golden raisins
1 large head cauliflower, separated into 1-inch florets
1/4 cup olive oil
1 medium onion, finely diced
1/3 cup sliced skin-on almonds or shelled pistachios
2 tablespoons dried capers
2 small cloves garlic, thinly sliced
Zest of 1/2 lemon
Pinch red pepper flakes
Kosher salt
1/4 cup fresh parsley leaves, finely chopped

Directions

Soak the raisins in warm water until plump, about 15 minutes. Drain and set aside.

Meanwhile, trim the cauliflower florets, cutting away as much stem as possible. In three batches, break up the florets into a food processor and pulse until the texture resembles that of couscous.

Heat the oil in a large skillet over medium-high heat. At the first wisp of smoke from the oil, add the onions, and stir to coat. Continue cooking the onions, stirring frequently, until the edges are golden brown, and the onions have softened, about 6 minutes. Add the almonds, raisins, capers, garlic, lemon zest and red pepper flakes, and cook, stirring, until the almonds are golden, about 3 minutes.

Add the cauliflower to the skillet and stir to combine. Add 1 teaspoon salt, and continue to cook, stirring frequently, until the cauliflower has softened, 3 to 5 minutes.

Spoon the cauliflower into a large serving bowl, garnish with parsley and season to taste with salt. Serve warm.

Recipe Courtesy of the Food Network



What's Happening In & Around Atlanta

Aug 20 – 21
Summer Arts Festival
Piedmont Park

Aug 25
Vince Gill
Fox Theatre

Aug 31
Rod Stewart & Cheap Trick
Ameris Bank Amphitheatre

Sep 16 – 18
Balanchine Inspired – Atlanta Ballet
Cobb Energy Performing Arts Center

Sep 19
Ringo Starr & His All-Starr Band
Cobb Energy Performing Arts Center

Sep 20
Wheel of Fortune Live
Fox Theatre

Check Out What Others are Saying about The Law Office of Brian H. Sumrall



5★ on Google

Nieki M.

I highly recommend Brian for your workers compensation case. He is very knowledgeable and experienced working with insurance companies. He personally returns phone calls and emails within hours. His professionalism and attention to detail have made the stressful process effortless since he took my case.

5★ on Google

Todd B.

For more than a decade, Brian Sumrall has worked tirelessly to protect the rights of injured workers to force the insurance companies to pay the benefits the workers deserve. If you or someone you know has been injured, call him.

[Click Here to See More Testimonials on our Website.](#)

A MESSAGE FROM ATTORNEY BRIAN H. SUMRALL

I have been practicing primarily in the area of workers' compensation for almost twenty years. However, if you or a friend/family member have any other legal needs, please reach out to me to see if I can assist. I work with a team of expert attorneys in all fields including personal injury, tractor trailer and motor vehicle accidents, and premises liability.

If you have been injured by the negligence of a third party, please contact my office to see if I can help. My goal is to provide all current and prior clients with the best legal services no matter what their need. Call me today at 404.857.3835 with all your legal needs.



ATTORNEY BRIAN SUMRALL

**SELECTED FOR PRESTIGIOUS
SUPER LAWYERS RECOGNITION**

For the 5th consecutive year, Brian H. Sumrall has been recognized as a 2022 Georgia Super Lawyer. This is an annual designation given to top-rated attorneys in the state as determined by their peers. Attorneys like Brian H. Sumrall are recognized by their peers for their outstanding work and commitment to the spirit of the legal profession. Their knowledge of the law, professional work ethic, and advocacy on behalf of their clients allow them to stand out among other attorneys in the field.



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