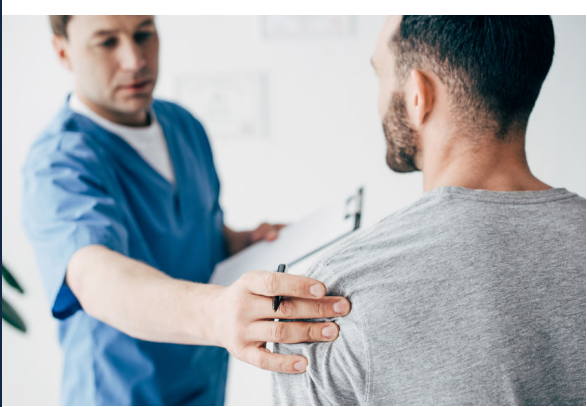




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- Decoding "Qualified" Medical Evaluations: The Key to a Strong Injury Claim
- Sun, Snow, and Safety: Workers' Comp and Seasonal Job Injuries
- Recipe of the Month: Caprese - Stuffed Chicken
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Decoding "Qualified" Medical Evaluations: The Key to a Strong Injury Claim



After an accident, a "qualified" medical evaluation is more than just a doctor's visit – it's a cornerstone of your [personal injury claim](#). Insurance companies and courts rely heavily on these evaluations to determine the legitimacy and extent of your injuries, so this isn't just a typical doctor's visit.

That necessarily raises some questions, of course.

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Sun, Snow, and Safety: Workers' Comp and Seasonal Job Injuries

Seasonal jobs, from summer lifeguarding to winter snow removal, offer unique opportunities. That said, they also come with unique risks. In the interests of keeping you healthy and helping you heal, we've detailed some weather-related challenges and seasonal work concerns.

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CAPRESE-STUFFED CHICKEN

Ingredients:

- 4 boneless, skinless chicken breasts
- 2 cups baby spinach
- 1 cup drained oil-packed sun-dried tomatoes, oil reserved
- 4 slices fresh mozzarella
- 1 1/2 Tbsp. Italian seasoning
- Kosher salt
- Freshly ground black pepper
- Kosher salt
- Freshly ground black pepper

Directions:

- Preheat oven to 400°. On a work surface, cut a pocket into thickest side of chicken breast, being sure not to cut all the way through. Stuff each with spinach, tomatoes and their oil, and mozzarella. Season chicken all over with Italian seasoning, salt, and pepper. Secure with toothpicks.
- In a large heatproof skillet over medium-high heat, heat reserved tomato oil. Sear chicken until golden brown, about 3 minutes per side.
- Transfer skillet to oven and bake until no longer pink and an instant-read thermometer inserted into thickest part registers 165°, about 15 minutes.
- Remove toothpicks. Arrange chicken on a platter. Pour pan juices over.

Recipe Courtesy of [www.delish.com](#)



What's Happening In & Around Atlanta

February 8

[Valentine's Day Dance](#)

Canton House Restaurant & Event Hall

Duluth

February 14 – 17

[Ringling Bros. and Barnum & Bailey - The Greatest Show on Earth](#)

State Farm Arena

Atlanta

February 22

[Beer, Bourbon & BBQ Festival](#)

Atlantic Station

Atlanta

March 1,2, 8

[Atlanta Brunch Festival](#)

Atlantic Station

Atlanta

March 8

[Georgia Aquarium 5K](#)

Pemberton Place

Atlanta

March 15 – 16

[Atlanta Jewelry Show](#)

Cobb Galleria Center

Atlanta

CHECK OUT WHAT OTHERS ARE SAYING ABOUT THE LAW OFFICE OF BRIAN H. SUMRALL



★★★★★ on Google

[Solovanga Slay](#)

Brian Sumrall did an amazing job with my case! Thank you, Brian, for all that you have done! I know that you will continue to do amazing work with the gifts that God has given you!

★★★★★ on Google

[T.A](#)

I was referred to Brian by another attorney I work with, and after we spoke the 1st time, I knew he was good! Brian is knowledgeable and very informative, and his response time and follow-up are impeccable. Brian helped me settle my claim in a short period of time, and I couldn't be more pleased. Brian is a top-notch attorney!!!

★★★★★ on Google

[Sateria Hickson](#)

Brian is truly a blessing. I injured myself at work, and my employer was giving me the run around with trying to get treatment to giving me information on the panel of physicians. I went on Google and searched lawyers and came across BRIAN's information. I reached out and he called me himself. He began working on my case. The insurance company denied my claim. Brian was on top of it. I got a notice in the mail for a hearing before I got the denial letter from the insurance company. Truly amazing, he communicated every step of the way. I recommend Brian, he's the best.

★★★★★ on Google

[Jason](#)

Brian is the man who will get it done for you. He's straight up and honest.

[Click Here](#) to See More Testimonials on our Website.

A MESSAGE FROM ATTORNEY BRIAN H. SUMRALL

I have been practicing primarily in the area of workers' compensation for over twenty years. However, if you or a friend/family member have any other legal needs, please reach out to me to see if I can assist. I work with a team of expert attorneys in all fields including personal injury, tractor trailer and motor vehicle accidents, and premises liability.

If you have been injured by the negligence of a third party, please contact my office to see if I can help. My goal is to provide all current and prior clients with the best legal services no matter what their need. Call me today at 404.857.3835 with all your legal needs

Meet Our Attorney



Brian H. Sumrall



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